

BREAKFAST

Served from 10am to 11:30am Daily

The Spa's Big Breakfast £11.00*

Two rashers of bacon, two sausages, hash brown, beans, tomatoes, mushrooms, fried eggs, toast & butter

The Spa's Light Breakfast £8*

Bacon, sausage, hash brown, beans, tomatoes, mushrooms, fried egg, toast & butter

Vegetarian Breakfast £10.50

Vegetarian sausages, hash brown, baked beans, tomatoes, mushrooms, toast & butter

Eggs on Toast £6.00*

Scrambled, poached or fried
Add bacon or a sausage for £1.50
Add smoked salmon for £3.00

Toast £3*

Served with butter and your choice of jam, marmalade, marmite or chocolate spread

Bacon or Sausage Sandwich* £7.50

Add a fried egg for £1

Baked Beans on Toast £5*

Toasted Teacake £3.50

Butter & jam



Afternoon teas available from 3pm by reservation from September through to May. Please ask for more details

LIGHTER LUNCH BITES

Served from 12pm to 4pm Daily

Toasted Ciabatta

Served with salad garnish & fries

Tuna Melt £7.95

Cheese & Tomato £6.95

Cheese & Ham £7.95

Tomato, Mozzarella & Pesto £7.95

Sausage, Cheese & Onion £8.50

Brie, Bacon & Cranberry £7.95

Sandwiches

Served with salad garnish & fries

Tuna, Cucumber & Mayonnaise £6.95*

Cheese & Tomato £6.50*

Home Roast Ham, Cheese & Pickle £7.95*

Prawns in Marie Rose £8.95*

BLT with Mayonnaise £7.95*

Jacket Potatoes

Served with salad

Tuna Mayonnaise £7.95*

Tuna & Cheese £8.25*

Baked Beans £6.95 (Add Cheese £1)*

Cheese & Ham £8.25*

Cheese £7.95*

SIDES

Side Salad £3.50*

Garlic Ciabatta £4

Cheesy Chips £4*

Cheesy Garlic Ciabatta £5

Vegetable Selection £4*

Chips £3.75*

Coleslaw £3.50*

Onion Rings £3.25*

Bread & Butter £2.50*

DESSERTS

Served from 12pm to 4pm Daily

Cheesecake £6.50*

Please ask for today's choice.

Served with Chantilly cream

Cheese & Biscuits £7.95

A selection of cheeses with grapes and chutney

Sticky Toffee Pudding £6.75*

With toffee sauce & vanilla ice cream

Strawberry Jam sponge Pudding £6.50

With custard

Warm Chocolate Fudge Cake £6.75*

With vanilla ice-cream

Selection of Ice Creams £5.00*

Vanilla, Strawberry, and Chocolate

IMPORTANT ALLERGY NOTICE

All our dishes and products may contain traces of nuts, gluten, caffeine, mustard, shellfish, dairy products and other potential allergens due to shared preparation and cooking spaces in our kitchen. Should you suffer from any potential reaction or allergy please check with your server before ordering. **ALL DISHES MARKED WITH AN * CAN BE MADE GLUTEN FREE (v) VEGETARIAN**

NIBBLES

Served from 12pm to 4pm Daily

Bread & Dips £4.75

Pesto, balsamic & olive oil

Mixed Olives £3.75

TO START

Served from 12pm to 4pm Daily

Homemade Soup £5.75*

Fresh bread

Prawn Cocktail £7.50

Marie Rose sauce, mixed leaves & fresh bread. (Main course with salad and herb buttered new potatoes)

Tempura Battered King Prawns £7.75

Sweet Chilli dipping sauce and salad garnish

Nacho's (v) £7.25*

Melted cheddar, tomatoes, red onion, sour cream & tomato salsa. (Add jalapeno's for 50p)

Thai Fishcake £7.75

Sweet chilli sauce, salad garnish

Caprese Ciabatta Toast £7.25

Tomato, mozzarella, fresh basil and balsamic on toasted ciabatta

ALL DISHES MARKED WITH AN * CAN BE MADE GLUTEN FREE

ALL DISHES MARKED WITH AN * CAN COME AS A SMALLER PORTION

ALL OUR FOOD IS COOKED FRESH TO ORDER

AUTUMN SET MENU

Served from 12pm to 4pm Monday to Friday

STARTERS

Prawn Cocktail*

Fresh bread

Homemade Soup*

Fresh bread

Garlic Mushrooms on Ciabatta*

Salad garnish

Breaded Whitebait

Tartare sauce and salad garnish

MAINS

Hunters Chicken*

Chargrilled chicken breast, smoky BBQ sauce, bacon and cheddar cheese. With fries and peas

Fish Goujons & Chips*

Beer battered fish goujons, garden peas and chips

Sausage & Mash*

Peas and onion gravy

Pesto and Mushroom Gnocchi

Side salad

Cottage Pie*

Fresh vegetables and gravy

DESSERTS

Selection of Ice Cream*

Black Forest Gateau

Ice cream

Spiced Pear Crumble*

Custard

Cheesecake of the Day*

Cream

MON & TUES
SPECIAL OFFER!

2 COURSES £14.95

3 COURSES £18.95

WED TO FRI

2 COURSES £16.95

3 COURSES £20.95



SPA MAINS

Served from 12pm to 4pm Daily

Fisherman's Gratin £16.95*

A mix of salmon, white fish & prawns in a creamy cheese sauce, topped with cheese and herbed breadcrumbs. Served with peas

Breaded Scampi £14.95*

Tartare sauce, chunky chips, peas, or mushy peas

Haddock & Chips £13.95**

Encore beer battered haddock with chunky chips, tartare sauce, peas or mushy peas

Ham, Egg & Chunky Chips £13.95**

Chargrilled Chicken Breast £14.95*

Butterfly chicken breast with a creamy leek and bacon sauce, mash potato and vegetables

Tempura Battered King Prawns £15.95

Sweet Chilli dipping sauce, sweet potato fries and salad

All Day Brunch £11**

Two bacon rashers, two sausages, mushrooms, tomato, beans, fried egg, and chips

Sausage & Mash £14.95**

Mashed potato, peas, onion rings and a rich onion gravy.

The Spa Burger £16.95

100% beef burger (or plant-based burger no bacon) melted cheese, bacon, toasted bun, fries, salad, onion rings & coleslaw

Thai Green Vegetable Curry (v) £13.95**

Seasonal vegetables in a spicy curry sauce. Rice and Naan bread

BBQ Vegetable Pizza (v) £13.95*

Thin crust pizza with mozzarella and cheddar cheese, sliced mushrooms, red onions mixed peppers and drizzled with BBQ sauce. With fries and side salad